

The History of VMS Family Counseling Services

VMS Family Counseling Services was started out of a need that Victoria M. (Smith) Sanders saw. Victoria has long had a heart for fostered and adopted children, children from "tough places" and other traumatized children and their families. However, when Victoria looked around at the services that were available in the Central Valley, Victoria noticed that more services were needed! There simply was not enough providers in the area that were trained to provide services to this very special population!

Victoria has extensive experience working with fostered, adopted, and traumatized children. After a number of volunteer trips to Romania, where she volunteered at different orphanages, Victoria returned to Fresno and began working with foster children in the Fresno County Foster Care System. With more than eleven years of experience working with children and families, Victoria continues to have a passion to help these children and families be successful!

Our other team members have experience that range from social work to in-home supportive behavioral services. We are passionate about the care that we provide, and because of that, the services that we provide are very special, as are the counselors and therapists that are on staff!



Victoria (Smith)
Sanders
Licensed
Marriage and
Family
Therapist
CEO

Services We Offer

Our therapists and counselors offer the following services:

Individual Therapy
Couples Counseling
Family Therapy
Pre-Placement Sessions
Parent Coaching
Trainings and Seminars

More Information About Specialized Services:

Pre-Placement Sessions are intended for prospective foster and adoptive parents who have questions or feel that they need extra support before they take placement of a child. These sessions often occur between 1-5 times, and last approximately 45 minutes. The goal of these sessions is to give families valuable information related to what they can expect when they adopt or foster a child, and help them identify what they need to prepare for once a child is placed in their home. This is also an excellent time to work on parenting and communication skills!

Parent Coaching sessions are intended for parents who are currently fostering or who have adopted children, and need some specific tools to interact with their children. This curriculum lasts between 8-12 sessions, and the goal is to help give parents specific ways to intervene with their particular child.

Accepted Insurance and Fees

VMS Family Counseling Services is working to participate with a number of insurance companies. They are currently partnered with:

Blue Shield
Magellan Health
Mental Health Network
Health Net/Cal Viva
ACI (EAP Group)
Health Smart Network
Life Synch (a Humana Group)

For those who have insurance which is not accepted, we are happy to provide you with a receipt showing how much you have paid. Please note: we do not bill for services that are provided for individual's with insurance we are not currently contracted with.

For those who wish to pay cash, please contact Victoria or one of the other counselors or therapists for more information about services. Fees range from \$70.00-\$135.00 per session, dependent upon the service that is provided and your income (as we offer sliding scale).

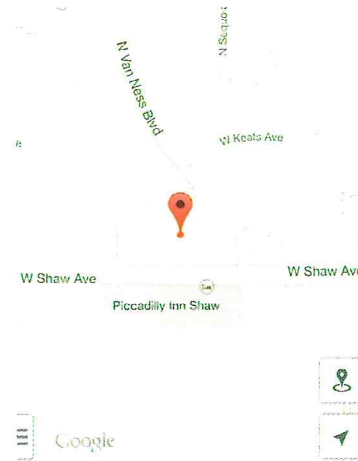
Change Begins Here!

Call and speak with one of our therapists about your current condition and goals. He or she will recommend one of the licensed therapists or counselors on our staff -- someone who has experience working with clients like you. Whether it's a new issue or an old complaint, your therapist will create a treatment plan aimed at helping you put it behind you. Compassionate care and a treatment plan that is carefully tailored to your individual needs can help you make rapid progress.

Our team of trained and compassionate counselors and therapists provide a wide range of services that can meet your individual needs.

Interested in learning more about us? Please visit us on our website, on Facebook, or contact us today via telephone or email! We look forward to talking with you soon!

Directions



Hours

Day	Hours
Sunday	Closed
Monday	9:00AM - 8:00PM
Tuesday	9:00AM - 8:00PM
Wednesday	9:00AM - 8:00PM
Thursday	9:00AM - 8:00PM
Friday	8:00AM - 7:00PM
Saturday	9:00AM - 4:00PM

VMS Family Counseling Services

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VMS Family Counseling Services

Making your day a little easier.



www.vmscounselingservices.com

Don't let yourself suffer any longer. Call us today.